

# **WANTED: Volunteer Yoga/Meditation Teacher & Guesthouse Keeper at RASTA India, 6-12 Months Starting ASAP**



## **About RASTA**

RASTA - (Rural Agency for Social and Technological Advancement, [www.rastaindia.org](http://www.rastaindia.org)) is a voluntary organization in the heart of lush Wayanad, Kerala, India. It was established in 1987 to extend the reach of various government schemes to rural areas. RASTA works in the areas of agriculture, water conservation, ecosystem conservation, health, education, women empowerment, renewable energy, natural resource management, and income generating training programmes.

The landscape of funding has changed in India, particularly in Kerala. RASTA is currently undergoing a transitory phase and have recently focused on ecotourism as a new revenue stream. We have been renovating and decorating a number of buildings to use as guest rooms as well as space for yoga and meditation classes.

## **Role Description**

The yoga/meditation and guesthouse keeper volunteer is responsible for the general oversight and planning of RASTA's ecotourism operations, focusing on yoga and meditation.

## **Duties & Responsibilities Include (but are not limited to):**

- Teach and schedule yoga and meditation classes as needed for volunteers, staff and guests
- Keep yoga/meditation hall cleaned and decorated
- Update RASTA social media/tourism websites with relevant posts regarding yoga, meditation, Ayurvedic massage and general updates of the organization
- Work closely with core staff, other long-term volunteers and short-term volunteers to ensure day-to-day functions as well as long-term goals are reached
- Prepare and clean guesthouse for incoming guests when necessary, organizing volunteers for assistance as needed
- Welcome guests to the RASTA campus and act as the liaison between guests and volunteers/staff
- Check booking websites/email for new inquiries/arrivals
- Develop new packages and promotions for ecotourism

## **Ideal Candidate**

- Certified yoga instructor
- Shares RASTA's core values and is passionate about our mission
- Has experience in guiding group meditation
- Has experience in tourism, marketing, volunteer organization, hospitality
- Is open-minded and has an easy going attitude
- Is ready and flexible to help in other areas of the organization as needed
- Shows initiative and delegates tasks
- Is friendly, interested in meeting new people and helping them get acquainted to the campus
- Is able to communicate effectively orally and in writing in English
- Is able to work effectively in a team, with a friendly, positive, can-do attitude

## **What we offer you:**

- Valuable work experience in developing a yoga and ecotourism business for an NGO
- A chance to directly contribute to the well-being and development of the surrounding community
- Free accommodation (private room with shared bath) and homemade, organic, vegetarian meals after a trial period of 8 weeks (a contribution of 2€ per day will be required during the trial period to cover food costs)
- Monetary compensation for basic expenses can be negotiated after the trial period has ended
- A gateway to explore the region's natural and historical sites and visit RASTA projects
- Flexible vacation time to be arranged upon arrival
- An immersion living experience in a rural community in tropical Wayanad, Kerala
- A chance to connect with both locals and international travellers and volunteers
- Learn Malayalam and Ayurvedic massage if desired

## **How to Apply**

Send your CV (including two references with email contact), a short letter of motivation, and your Skype ID for possible interview to [contact@rastaindia.org](mailto:contact@rastaindia.org) to be considered for this role. Please mention Guesthouse/Yoga Volunteer in the subject of your email.